



May 2023

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## President's Point of View, by Jeff Grube

### LIHR President's Message

#### The Rider and the Hog



Welcome to May everyone and the kickoff to our six overnights for the 2023 season!!

At last months meeting I described to the group what I have needed to deal with in the last four months. I've always felt that I've been proactive about getting annual physicals, routine bloodwork, colonoscopies, etc. and in this case it certainly paid off. Back in January I was diagnosed with prostate cancer, the most common cancer for males. I had been getting bloodwork every six months and between my last two reports my PSA level had almost quadrupled. This earned me a journey of two MRI's, a biopsy and a PET scan. Everything indicated that I had a flaming hot case of prostate cancer and the answer was to have it removed in a quick fashion. I was very fortunate to be referred to one of the ten best urologists on the island and he was a no bullshit guy and explained the options and removal was clearly the best approach. The surgery went well and I also put myself in a better position by doing physical therapy both before and after the surgery to get back to my 'new normal' as quickly as possible and the surgeon has cleared me to take part in the WV overnights that I've spent many hours planning and preparing for. One thing that I neglected to point out at the meeting is that I had No Symptoms throughout the whole process so you can't rely on your body telling you that something is wrong. I am also very fortunate to have Gineen by my side who helped with a ton of research and information from a Facebook support group that she signed up for on my behalf.

The whole point here is that the wellbeing of the rider is the most important factor in motorcycling and staying ahead of any potential health issues can be a tremendous help. I'd urge everyone to be proactive about your health and if you haven't been routinely seen by a doctor please consider doing so. If anyone has any questions about what I've experienced don't hesitate to give me a call at 631.831.8926

I hope to see many of our members on one of our six overnights. All of the details are in the weekly emails and on the website. Until then....stay well.

See you on the road....

Jeff

# April Membership Meeting, 4/23

The meeting was called to order and the Pledge of Allegiance was led by President Jeff. Treasurer Joe gave an update on our cash position, upcoming expenses, etc. He also announced that the Club will have the annual Biker Blessing at the May Membership Meeting. New members Joe and Melanie Kennedy will be performing the blessings for all who attend. The membership was notified the May Meeting will be on May 21st, a week earlier than usual so as not to conflict with the Memorial Day Weekend. Membership Director Scott reported on the current membership count for 2023. There were a few new members bringing our total to 103. The numbers are down so far. At a past Officers Meeting we reviewed the non-renewed members and have identified about 10 members that Jeff will contact after Scott had already reached out via email to the individuals who had not renewed to this point.

Jeff Reminded us about our Annual Mother's Day Ride which is scheduled for May 6, with a rain date of May 13. Our "Mom's" are so thrilled when we arrive, and are often surprised. Please try to attend so we can make this another memorable day for our "Mom's". The roster is closed for Mothers Day with four houses to be visited ending at Harbor Crab for lunch. The membership was also encouraged to show support for all of the RC's by joining our Club's rides again this year. Assistant Head Road Captain Chris covered the remainder of the upcoming local and off-island rides scheduled so far and especially spoke of the West Virginia trip coming up May 7th-13th, and commented on the future Overnighters. Jeff expanded on describing the POI's and roads for the WV adventure. Six bikes and six riders currently are currently going on the week long journey.

Public Relations Officer Dom gave a summary of the ride to NYU Langone Hospital. The support of the Club for this event was appreciated immensely by the staff, families, and especially the children at the Treatment Facility. Dom also mentioned the 'Mindfulness Garden Dedication' at the Sagamore Children's Psychiatric Center. It is being held on Friday, June 9 at 12:00pm. Hopefully you can make it. Webmaster Rod has added it via Sign-Up Genius as well. Remember to use Sign-Up Genius in the Members Only section for those trips you are attending. May and June's trips are already setup: 'Click here to RSVP' brings you to the page where you can enter your information.

Activities Lynne and Kelly reviewed some of the suggested and upcoming events such as Bike Night, Smash Event, Go-karts, and the Summer BBQ. Please let them know if you want to host. Kelly also received her Activities Officer patch. Treasurer Joe followed up again with OTRA Motorcycle School for a spring skills practice and Sunday class has been requested if available. In the interim the Ride Like A Pro DVD is available. It was mentioned the Officer's Meeting minutes are now available in the Members Only section of the website which began with February.

Congratulations to Mark Lentini and Mark D'Angelo on receiving their 5-Year Patches. 50-50 Winners: 1st place was Ron Prwivo and 2nd Place was Bob Lovdahl. Once again the next monthly meeting will be May 21, 2023 with a ride to follow lead by RC Assist Bob Lovdahl.

# April Monthly Meeting



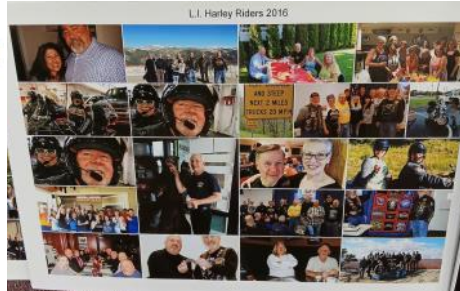
50/50 Winners were  
Ron Prwivo and Bob Lovdahl



New Activities  
Officer Kelly Frain



Refurbished  
Chili Contest  
Award  
Presentation  
and Frame  
←-----



Mark D'Angelo & Mark Lentini 5 Year Patches





# Ride Out East & Karvers, 4/2

RC Jeff led 7 bikes and 8 riders for a ride out east on a chilly and blustery day. We rode out through South Manorville and Eastport before continuing east into Flanders and Hampton Bays. Heading back west we went through Quogue, Westhampton Beach, Remsenburg and Speonk and then hopped on the Sunrise Hwy west to Holbrook. Karver's did a great job with lunch as usual. It was a great ride despite the chilly temps and windy conditions.





# Annual Easter Bunny Ride to NYU Langone, 4/8



Head RC Sal led 9 bikes and 11 members from the VFW to NYU Langone Children's Hospital to deliver the gifts for the ailing children. The hospital staff was very appreciative that we brought the gifts for the kids. It was great to see a few of the children wave to us through their windows. After leaving the hospital we had a great lunch at Spuntino's restaurant. Special thanks to Assistant RC Bob for setting up the lunch stop. What a great opportunity for the Club to give back to the community and help brighten the children's day.



# Dawn Mitchell Memorial Ride and Bike Blessing, 4/15

LIHR Member Stephen Mitchel held a wonderful tribute to his wife Dawn. The Club was honored to participate along with many other riders from near and far. The memorial ride as well as the bike blessing was a heart felt success.



# May Safety Article

## The Law Office of Paul Gargiulo, P.C. presents Welcome to the Jungle - The Art of Learning to Ride Skillfully

A column dedicated to your riding survival

### THE FAT LADY SINGS

*Or why the plus-sized assigned female at birth warbled melodically*

*Danny is heading home after a long day at work. It's Friday, and it had been a long week – aren't they all? He had just gotten off the interstate and was making his way along the farm backroads to home. Roads he's ridden all the time and is very familiar with... He thought he'd grab a quick shower and then take the truck over to Gyps for some pool and a beer or two, maybe see if it isn't too late. Danny glanced down at the bike's clock, and - BOOM! A car backing out of the driveway takes Danny out in an instant. It is very bad. Danny does not go back to work for 6 weeks, and it is a six months before he can walk without a cane. A year before he gets back on the bike.*

*In an Alternate Universe... Danny is heading home after a long day at work. It's Friday, and it had been a long week – aren't they all? He had just gotten off the interstate and was making his way along the farm backroads to home. Roads he ridden all the time and is very familiar with...*

*He thought he'd grab a quick shower and then take the truck over to Gyps for some pool and a beer or two, maybe see if it isn't too late. Danny does not need to look down to get an idea of what time it is, besides he is in the life-saving habit of constantly scanning his surroundings... His Dad, Tim, was a fighter pilot and installed this habit into him from the first day he talked about driving a car.*

*He sees the car begin to slide out onto the road and deftly course-corrects around the old man with a hat.*

*A few minutes later he pulls into his drive, and an hour later he's with his friends watching the sunset over the lake.*

Statistically home is really not where the heart is. In fact, closer to home can be a bad thing.

It's been reported by the NHTSA that around 52% of car accidents occur within just five miles of a person's home. Additionally, 69% of these accidents occur within a 10-mile radius of the driver's home.

Another source stated that the median distance to the location of injury among individuals involved in a fatal car or motorcycle collision was 5.5 miles.

During the first Moto 3 race of the year, at Portimão, the checkered flag had already dropped and just moments later Joel Kelso, who placed ninth

with a gap of 1.268 seconds, decided to clear a tear-off and had a moment of not seeing what was right in front of him - that being the race winner Daniel Holgado, who had slowed down to celebrate his first Grand Prix win.

Kelso saw Holgado way too late, grabbing at the bike's brakes, allowing his bike to get light in the rear, and slamming into Daniel's bike.

Holgado didn't know what happened and continued down the track, but Kelso's bike had a horrible display of Newton's Law and both he and his bike got spat down the road.



"Oh, that's horrendous," commentator Matthew Birt said on Fox Sports' coverage. "That's Holgado, the race winner, celebrating there and Kelso goes for the tear-off - just momentarily distracted. Oh, that's horrible. "That is absolutely horrendous to watch."

In the moments following the incident, Kelso was conscious and taken to the circuit's medical center for further tests.

Kelso later shared a series of posts on social media showing him hauled up in a wheelchair with a cast on his left leg - alluding to a broken ankle - and ice on his right foot.

This was totally avoidable, but for a moment, a split-second of not paying complete attention to his surroundings cost him dearly - it can cost you just as much - hopefully not more.

Situational Awareness is not just for fighter pilots - it is for us all. With this in mind you might consider increasing your vigilance the closer you get to home or your destination, cause the odds are not in your favor. Pay attention out there, kids, it ain't over till we all sing. 🍀



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Quote of the month: 'I can't hear you over the rumble of my FREEDOM!'

May Birthday's

Ed Reiff 5/8, Kenneth Pastor 5/10, Joe Sabia 5/22, Bob Lovdahl 5/26,  
Michael "Manny" Emanuel 5/28



# May 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b> Cinco De Mayo	<b>6</b> Mothers Day Ride
<b>7</b> West Virginia Trip	<b>8</b> West Virginia Trip	<b>9</b> West Virginia Trip	<b>10</b> West Virginia Trip	<b>11</b> West Virginia Trip	<b>12</b> West Virginia Trip	<b>13</b> West Virginia Trip
<b>14</b> Mother's Day	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b> Bike Night—Hibatchi Style	<b>20</b>
<b>21</b> Monthly Meeting & Biker Blessing	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>28</b>	<b>29</b> Memorial Day	<b>30</b>	<b>31</b>			

Upcoming Events

- Mother's Day Ride is scheduled for May 6, with a rain date of May 13
- Mindfulness Garden Dedication at Sagamore Children's Center on June 9 at 12:00pm
- Bike Night—Miko Hibachi and Sushi, East Northport, May 19th at 7:00pm



*Charter rides that begin and terminate on Long Island are officially over when the destination is reached. If a Charter Ride leaves Long Island, the ride will officially end upon returning to Long Island. Official charter rides are "dry" rides, no alcohol. Helmets are required on all club rides. Check your email, our website or Facebook for last minute changes. Full tank of gas and empty bladder required for all Rides*



## Upcoming Rides

Date	RC	Description	KSU and Location
• 5/6	Sal	Mother's Day Ride, rain date 5/13	9am, Exit 43
• 5/21	Bob L	North Shore & Old City Public House	TBD from VFW

**Note: We have replaced the KSU starting point from LIE exit 43, to LIE Exit 32 for off Island rides North side Service Road, west of Little Neck Parkway.**



Remember to check the Hotline at (631)406-4170 two hours before KSU to hear updates and cancellations.



## 2023 'Look Ahead' Overnights

May: 7th-13th, West Virginia week (RC Jeff leading the ride)

June: 10th-13th, Laconia Bike Week 100th Anniversary (Head RC Sal leading the ride)

July: 8th-9th, Rhode Island overnight ride (RC Jeff leading the ride)

Aug: 10th-13th, Upstate New York two nights overnight, Letchworth State Park (Assist. Head RC Chris leading the ride)

September 9<sup>th</sup>-12<sup>th</sup>, St. Mary's PA to view the Annual Elk Rutting (RC Jeff leading the ride)

October 13th-15th, Fall Foliage Ride - Pittsfield, MA (RC Gary leading the ride)

NOTE: Lodging and date details on all overnights will be in the Members Only section on our LIHR website at the appropriate time prior to the event. When the overnights are posted please use the Sign-Up Genius to confirm you are attending. It is really helpful to the R.C.'s to be able to know who's going and to finalize the ride details.

### How About a Big Cheer for Our Road Captains?

Head Road Captain: Sal Fino / Asst. Head Road Captain: Chris Kuster

RC's — Jeff Grube, Gary Kinkel, John Hachmann (Probie)

RC Assist's - , Bob Lovdahl & John Capobianco



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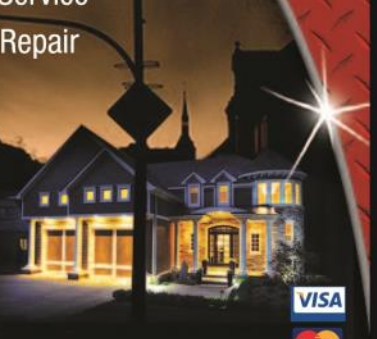


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Please send your stories and photos to: Editor@LIHarleyRiders.com or text me @ 631-394-9144 for help.

#### Say Cheese!

Attending your first meeting? Be sure to let us know where you're from and what you ride. Welcome to the Family!

After the meeting, our Charter Photographer will take your photo!



**HELLO**  
my name is

See our **Membership Officer** for individual name tags. This way, other members can put a name with a face!

#### NEXT MEETING

May 21, 2023

Nathan Hale VFW Hall  
210 West Pulaski Road  
Huntington, NY

Charter meetings are held  
4th Sunday\* of each month  
(\*unless otherwise noted)

Bagels, Coffee and Tea served  
\$6.00 per person



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